



Save the Dates!

LUNCH AND LEARN

Bring your lunch and beverage and join us for a power-hour of information! Lunch and Learn sessions are held from noon until 1:00 p.m. in the Hampton Department of Human Resources Training Room unless otherwise noted.

Human Resources at Your Service

Thursday, February 13, 2014

Presented by Nicole Clark, MSHRM, SPHR, IPMA-CP
Director of Human Resources
City of Hampton

Love Your Credit Union

Thursday, February 20, 2014

Presented by Dorian Nicely and Nancy Ellen
Hampton City Employees Credit Union

Leading Yourself and Others

Thursday, March 6, 2014

Presented by Landis D. Faulcon, PhD
Training and Organization Development Manager
Hampton Department of Human Resources

Nutrition Labels: Unlocking the Secret Code

Thursday, March 27, 2014

Presented by Elizabeth Linthicum, CPT, CPRP
Program Coordinator
Wellness & Fitness
Hampton Department of Parks & Recreation

The Legal Issues of Social Media

Thursday, April 3, 2014

Presented by Steven D. Bond
Deputy City Attorney
Hampton City Attorney's Office

Workplace Transitions: Understanding and Managing Change

Thursday, April 24, 2014

Presented by Landis D. Faulcon, PhD
Training and Organization Development Manager
Hampton Department of Human Resources

Technology Tools and Training Opportunities

Thursday, May 1, 2014

Presented by the Hampton Department of
Information Technology

Opportunities and Challenges of Social Media

Thursday, May 29, 2014

Presented by Brian Marchese
Social Media Coordinator
Hampton Marketing and Outreach

Achieving Work-Life Balance

Thursday, June 5, 2014

Presented by Landis D. Faulcon, PhD
Training and Organization Development Manager
Hampton Department of Human Resources

Training and Employment Resources for Everyone!

Thursday, June 26, 2014

Presented by Lisa Wornom-Zahrldinn, MS
The Peninsula Worklink
